

About Rowie

Rowie Health is a women's health telehealth service providing access to psychologists and dietitians across Australia.

Our goal is to make women's health care more accessible, particularly for chronic or ongoing health concerns that may be suitable for management via telehealth.

Rowie aims to support patients alongside their existing healthcare providers where appropriate.



Qualified
Clinicians



Australian-
Based Care



Patient-Centred
Care



Secure
Telehealth



Book an Appointment

Appointments are available via secure telehealth.

 www.rowiehealth.com.au

 support@rowiehealth.com.au

No GP referral is required to book an appointment



Telehealth care for women's health

Secure video consultations across
Australia



How Rowie Can Help

Many women's health concerns can affect physical health, nutrition, emotional wellbeing and quality of life.

Rowie provides access to psychologists and dietitians with experience supporting women through:

- PMOS (previously known as PCOS)
- Endometriosis and pelvic pain
- Perimenopause and menopause
- Fertility and preconception concerns
- Hormonal symptoms or irregular cycles
- Anxiety, depression and PMDD
- Perinatal mental health
- Metabolic or lifestyle challenges



Services are not intended for emergency care

How Rowie Works

Step 1: Book an appointment online

Choose a time that suits you.

A GP referral is not required to book an appointment.

Appointments are privately billed, and fees are provided upfront when booking. Medicare rebates may be available depending on eligibility.

Step 2: Meet your clinician via secure video

Consultations take place via telehealth from the comfort of your home.

No travel, no waiting rooms, just convenient care wherever you are.

Step 3: Access support

We're here to support you as your needs change.

If helpful, your clinician may recommend additional support from other practitioners as part of your care.



Our Clinicians

Rowie practitioners may include:

- Psychologists
- Dietitians

Our clinicians provide supportive, evidence-based and compassionate care tailored to each patient.

Follow us for updates and women's health information

  @rowiehealth