

About Rowie

Rowie Health is a women's health telehealth service providing access to psychologists and dietitians across Australia.

Our goal is to make women's health care more accessible, particularly for chronic or ongoing health concerns that may be suitable for management via telehealth.

Rowie aims to support patients alongside their existing healthcare providers where appropriate.



Qualified Clinicians



Australian-Based Care



Patient-Centred Care



Secure Telehealth

Telehealth Care

Australia-wide access.

Rowie provides secure telehealth consultations that allow patients to access women's health support regardless of location.

Telehealth appointments may be particularly suitable for patients who:

- live in regional or rural areas
- require ongoing support for chronic health conditions
- may benefit from additional psychology or nutrition support alongside their existing healthcare team

Contact

 www.rowiehealth.com.au

 support@rowiehealth.com.au

 referrals@rowiehealth.com.au



Telehealth care for women's health

Secure video consultations across Australia



When to Refer

You may consider referring patients who:

- Have ongoing women's health concerns affecting their physical or emotional wellbeing
- May benefit from psychology or dietetic support
- Require ongoing support for chronic health conditions
- May benefit from care delivered via telehealth, including patients in rural or regional areas



Conditions Supported

Hormonal and Reproductive Health

- PMOS (previously known as PCOS)
- Perimenopause and menopause
- Fertility and preconception care
- Hormonal symptoms and irregular cycles

Mental Health and Emotional Wellbeing

- Anxiety, depression and PMDD
- Mental health concerns related to hormonal or reproductive health
- Perinatal mental health
- Stress, burnout and emotional wellbeing

Metabolic and lifestyle health

- Insulin resistance
- Nutrition and lifestyle support for PMOS
- Women's health nutrition concerns

Our Services

Rowie practitioners may include:

- Psychologists
- Dietitians

Referral Information

How to Refer

- Healthlink secure messaging (preferred)
- Email referral
(referrals@rowiehealth.com.au)

Patients may self-book without a referral, or be referred via standard pathways.

Appointments are privately billed, and fees are provided upfront when booking. Medicare rebates may be available depending on eligibility.

After Referral

- Referral received and triaged
- Patient books appointment or is contacted by our team
- Initial assessment completed
- Communication may be provided to the referring practitioner, where clinically appropriate and with patient consent.

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